



JANUARY | 2022

Jackson County Middle/High Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Remote Learning Day</p> 	<p>4 Taco Soup (26) Cornbread (13) Chicken & Cheese Nachos (29) Lettuce & Tomato Salad (5) Salsa (3) Sour Cream (2) Variety of Fruit Choices</p>	<p>5 Potts Farm Hamburger (48) Hotdog (32) Baked Beans (30) Coleslaw (19) Sweet Waffle Fries (21) Variety of Fruit Choices</p>	<p>6 Spaghetti (50) Garlic Toast (14) Cheesy Breadsticks (37) Marinara (3) Green Beans (3) Side Salad (13) Variety of Fruit Choices</p>	<p>7 Pizza Bar (40) Deli Sub (25) Sweet Corn (20) Side Salad (13) Variety of Fruit Choices</p>
<p>10 Chicken Wing Bar (15) BBQ Sliders (47) Celery & Dip (3) Chipotle Street Corn (22) Variety of Fruit Choices</p>	<p>11 Beef Enchiladas (32) Cheese Quesadilla (33) Chips and Salsa (22) Black Beans (20) Lettuce & Tomato Salad (5) Variety of Fruit Choices</p>	<p>12 Vegetable Soup (4) Grill Cheese (34) Sloppy Joe (54) Side Salad (13) Veggie Dippers (7) Variety of Fruit Choice</p>	<p>13 Chili Cheese Fries (28) Hotdog (32) Baby Carrots (7) Coleslaw (19) Variety of Fruit Choices</p>	<p>14 Meatloaf (4) Dill Chicken Sandwich (48) Sweet Peas (12) Mashed Potatoes (14) Green Beans (3) Variety of Fruit Choices</p>
<p>17 Holiday No School</p>	<p>18 Nacho Supreme (31) Chicken Taco (33) Lettuce & Tomato Salad (5) Salsa (3) Black Beans (20) Variety of Fruit Choices</p>	<p>19 Chicken Alfredo Pasta (47) Salisbury Steak & Gravy (11) Cooked Carrots (7) Broccoli (5) Variety of Fruit Choices</p>	<p>20 Oven Baked Chicken (11) Hot Ham Cheese Sandwich (37) Greens (5) Pinto Beans (18) Oven Baked Okra (24) Variety of Fruit Choices</p>	<p>21 Pizza Bar (40) Deli Sub (25) Sweet Corn (20) Side Salad (13) Variety of Fruit Choices</p>
<p>24 Chicken Popper Bowl (47) Steak Nuggets (20) Biscuit (24) Mashed Potatoes (14) Sweet Corn (20) Variety of Fruit Choices</p>	<p>25 Taco Soup (26) Cornbread (13) Chicken & Cheese Nachos (29) Lettuce & Tomato Salad (5) Salsa (3) Sour Cream (2) Variety of Fruit Choices</p>	<p>26 Hamburger (48) Hotdog (32) Baked Beans (30) Coleslaw (19) Sweet Waffle Fries (21) Variety of Fruit Choices</p>	<p>27 Spaghetti (50) Garlic Toast (14) Cheesy Breadsticks (37) Marinara (3) Green Beans (3) Side Salad (13) Variety of Fruit Choices</p>	<p>28 Breakfast Bar Featuring Potts Farm Sausage Biscuit (25) Gravy, Grits, Eggs Tri Tater (27) Carrots (7) Variety of Fruit Choices</p>
<p>31 Asian Chicken Bowl (4+36) Sweet & Sour Pork Bowl (12+36) Fried Rice with Peas & Carrots (36) Broccoli (5) Stir Fry Vegetables (8) Variety of Fruit Choices</p>				

News

ITEMS OFFERED EVERYDAY:

GRAB & GO SANDWICH
ASSORTED LOW-FAT OR
FAT FREE MILK

NOTICE: MENU IS SUBJECT
TO CHANGE DUE TO MARKET
CONDITIONS, DELIVERY AND
FOOD AVAILABILITY.

OTHER INFORMATION:

PARENTHESES INDICATE THE
CARBOHYDRATE AMOUNT IN
GRAMS. CARBOHYDRATE
COUNT FOR FRESH FRUIT
VARIES FROM 20 – 25 GRAMS.

This institution is an equal
opportunity provider.

MEAL PRICES:
ALL STUDENT MEALS
AVAILABLE AT NO COST.
ADULT - \$3.75

Harvest of the Month Greens

